



September 2023

Our Two Sense. From Child Inspired



Mandy Ciabattoni, M.Ed & Christina Connors, OTR/L
Co-Owners of
Child Inspired, LLC



Visit our
Website!

A message from Mandy & Christina,

Hello September! And just like that, Labor Day passed and the kids are off to school! Here at Child Inspired, we are gearing up for a few transitions as well! Baby Fridays and Tools for Tots are back!!

First, we would like to invite you and your babies to join us for our FREE [Baby Friday programs](#), supported by the Lewes Public Library. Here, not only will you get to meet other caregivers and babes, but you'll also get to check-in with our pediatric therapists to learn great developmental tips, explore developmentally-appropriate toys, and learn strategies that promote safe, fun, and engaging infant and toddler care that will aid in language, motor skill, and early literacy development.

Child Inspired and the Lewes Public Library are also ready to launch another season of [Tools for Tots](#) programming; and we hope you'll join us! Right after the library's Children's Story Time, we will host FREE workshops for caregivers to learn tips and strategies to help little ones embark positively into community experiences "Around Town". Meanwhile, kiddos are invited too(!) and will have hands-on learning activities themed to each month's topic.

Please follow Child Inspired's [social media](#) efforts and visit our [website](#) for more information.

We are here to help!

Baby Friday!
September 15
10:30am



Christina Connors, OTR/L
Occupational Therapist and Director of Clinical Services, Co-Owner

Meet Child Inspired: Hear Our Story!



We know how difficult it can be for families when your child is facing challenges at home, school, play, and other daily activities. We are here to provide individualized, yet family-centered, therapeutic services to help your child succeed and to offer you and your family support along the way.

Our team will work to identify and support the individualized needs of your child and family to build confidence and the skills that will help your child and family thrive. Our experience and networking base in Southern Delaware will help you navigate the services and resources you may need to best support your child's developmental progress and potential.

Meet Our Team!

Team With Child Inspired to Support our Community!



Join Child Inspired to help some amazing local organizations that support our community, and touch the lives of the families that we serve daily!

There is a Child Inspired Team set-up for each of these great events and you and your friends and family members are invited to join the Child Inspired Teams to...

- Raise funds and walk or run for Ronald McDonald



Baby Fridays! Join us for this FREE event from 10:30am-11:30am at the **Lewes Public Library**, to play and learn great developmental tips for your baby from a pediatric therapist. With the support of Child Inspired's therapy team, babies (ages birth-18 months) and their caregivers will explore developmentally-appropriate toys and learn strategies that promote safe, fun, and engaging infant and toddler care that will aid in language, motor skill, and early literacy development.

Held Every 3rd Friday with the exception of February 23rd (due to President's Day)

**Tools for Tots:
September 19
11:00am**



September's Topic: "Wacky Weather on the Way: Preparing Kids for Seasonal Clothing Changes"

Join us at the **Lewes Public Library** immediately after Children's Story Time, for this FREE workshop to learn healthy, developmentally-appropriate tips and strategies that will help little ones embark positively into community experiences "Around Town". Child Inspired's therapy team will provide information while

House Charities, who supports our local families when kids experience a medical emergency, serious injury, or illness that requires specialized pediatric care away from home at the **Ronald McDonald 5K Run/Walk** on **September 16** at Irish Eyes in Lewes starting at 9:00am: [click here](#).

- Support families, promote community involvement and encourage a lifetime of opportunities for people with Down syndrome at the **Boardwalk Buddy Walk** on **October 7** at the Rehoboth Beach Boardwalk starting at 9:00am: [click here](#).
- Help bring awareness and acceptance, while walking together and raising funds for Autism Delaware at the **Walk for Autism** on **October 14** at Hudson Fields starting at either 9:30am or 11:00am: [click here](#).

Hope you can join! If you have any questions or concerns, please feel free to [contact us!](#)

Welcome to the Team!

Join us with a warm "Welcome!"
to our newest Team Members!

Adam Nikkel
MOT. OTR/L



Ryan Palmer
EdS. NCSP



We are Child Inspired!

Meet Adam Nikkel, MOT. OTR/L: Occupational Therapist

Adam completed his bachelor's degrees in Psychology & Leisure Studies from The University of Iowa followed by obtaining his Master's degree in Occupational Therapy from Midwestern University. Adam's career trainings include MNRI (Masgutova Neurosensorimotor Reflex Integration), Therapeutic Listening, Handwriting Without Tears, The Alert Program, Bal-A-Vis-X, and the Assessment of Motor and Process Skills (AMPS). Adam has primarily worked with children in the school and clinic settings. He has focused on promoting, restoring, and developing independence, function, regulation, engagement, and autonomy in children & families. He finds it important meeting the child at the "just right level" and collaborating with families to allow for increased independence.

Meet Ryan Palmer, EdS. NCSP: Psychologist

During his career in school psychology and community counseling, Ryan has gained experience using a multi-modal approach to child wellness. Ryan began his work with Devereux Advanced Behavioral Health before working in

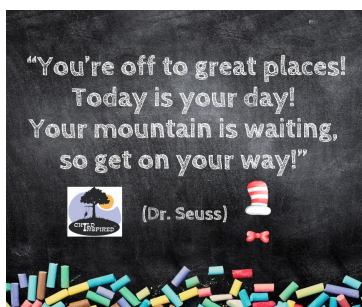
children are invited to participate in a hands-on, learning activity themed to each month's "Around Town" topic.

A Visual Schedule Communicates a Predictable Picture of the School Day

School Schedule

8:30	9:00	9:30	10:00	10:30
Homeroom	Math	Reading	Recess	Lunch
11:00	11:30	1:00	2:00	3:00
Music	Science	PE	Writing	Dismissal

A visual schedule allows parents and caregivers a way to communicate a predictable and developmentally-appropriate picture of the school day with their children. Contact your child's teacher(s) so that you can learn their school schedule, then review this timeline with your child, using a template (similar to our example) to create the timeline. Review the schedule with your child before the start of school, then tape the schedule inside his pencil box to take to school with him/her, so that they can reference it when needing assurance. This visual communication tool should help ease transitions between activities and classes, while allowing you (the parent or caregiver) a starting point to communicate about their school day.



local school districts to better advocate for and implement trauma-informed instructional practices. Ryan has served on various task forces for the Department of Education, while being active on the board of Delaware Association of School Psychologists. Ryan believes in motivation and intentional change, utilizing modalities such as Acceptance and Commitment Therapy, Cognitive Behavioral Therapy, Short-Term Solution-Focused Therapy, and Functional Behavioral Analysis to empower clients to reach their goals.

Join Child Inspired's Community Resource Hub! Welcome Coastal Kids Pediatric Dentistry!



Together...
we are Child Inspired



<https://www.childinspiredtherapy.com/community-partners>

Child Inspired has a strong passion for partnering with organizations throughout our community in order to find effective and innovative ways to best reach and serve families in Southern Delaware with a strong professional skillset, knowledge base, and therapeutic relationships. Child Inspired is pleased to present our Community Partners and their offerings in the form of a [Community Resource Hub](#) for our client-families. We have an opportunity with the partners to stand collectively, while providing services, tools, and resources that enhance the lives of children and families facing various challenges. Their support helps to raise awareness, develop, and grow Child Inspired's online information hub for parents and caregivers seeking local resources for their children and families. If you are interested in having your business join us as a Child Inspired Community Partner and be included as a resource on our Community Hub, please [email us](#).

Join the Team! Together, we are Child Inspired!



Get Well Maps create and provide innovative patient & family-centered tools and resources that reduce anxiety and improve communication between children, families and medical teams, in order to make a positive impact in the care of children facing medical challenges. These therapeutic visual aids help kids navigate healthcare experiences. Designed with colorful, engaging, child-friendly art themes by John Donato, Get Well Maps are brought to the bedside by medical providers and personalized by families, and help promote understanding of often complex and unpredictable medical experiences with “relatable” metaphors and a visually engaging method of depicting medical milestones. Get Well Maps can also be modified by therapists and educators to be utilized in the clinic or classroom as a therapeutic tool to promote activity performance or a positive behavior support. Get Well Map Foundation also frequently helps to offset travel expenses for families that must travel far distances to seek specialized pediatric healthcare. [Learn more here!](#)

Pediatric Professionals, please click here to view Child Inspired's rack card!

If you would like rack cards to provide to the families you serve, please [contact us](#).
Thank you!

Our Two Sense, by Child Inspired
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